



Kaiapoi North School
Striving For Personal Excellence

Kaiapoi North School Peanut Free School Policy

Food allergies can cause a severe, systemic, potentially fatal allergic reaction called anaphylaxis in allergic individuals. Eight of the most common food allergens are milk, soy, wheat, fish, shellfish, egg, peanut, and tree nut.

Peanut allergies account for most fatal and near-fatal anaphylactic reactions. Allergic individuals can experience anaphylaxis if they touch, inhale or ingest even the slightest trace or residue of the allergen.

To help make our school a safe place for our peanut allergic students, **we are a peanut-free school**. Nuts other than peanuts can be brought to school.

Here is how the Kaiapoi North School community can help:

Lunches

- Send lunches with items that contain **no peanuts**, or food that contains peanuts like peanut butter and muesli bars and biscuits with peanuts in them.
- As an extra precaution please take care to avoid cross contamination from home utensils and surfaces

Shared Items (shared morning teas or lunches)

- Read labels to ensure shared items, such as snacks contain no peanuts
- Parents of children with severe food allergies are requested to supply separate food as children with severe nut allergies will not participate in sharing of food.



We appreciate your assistance with helping us to keep our children with peanut allergies safe at Kaiapoi North School. **While teachers will regularly reinforce this policy with their classes and periodically check lunch boxes it is parents and children who are directly responsible for the food that is sent to school.**

Please work with us to ensure this policy is followed. If food containing peanuts is found at school it will be returned home with an explanation to reinforce this policy.

Thank you
Kaiapoi North School Board of Trustees

Approved 11 July 2011