



24-7 YOUTHWORK @ CBHS

TERM ONE & TWO 2023

As 24-7 Youth Workers we are employed 10 hours Each per week to support student well-being by;

- Building Relationships that support students
- Cultivating positive school spirit
- Developing leadership
- Integrating young people into community activities

In this report you'll find details of some of the programmes we've been running and ways our team has been contributing at CBHS. It can be hard to quantify the impact our youth workers have given the intangible nature of a lot of their work and that fact that we are part of a much bigger picture supporting young people to thrive. We especially appreciate our close working relationships with deans and guidance department who are often able to point to the difference they see us making within a young persons life.

At the end of term two we farewelled JC from our team and we are currently working to replace him. We are appreciative of the professionalism JC brought to his role and the guidance he has provided to young people particularly within the Digitech space.

CBHS Youth Work Team

Matt Meek - Team Leader

Matt has been a part of the 24/7 team at CBHS since 2016. These days Matt coordinates the team making sure they are deployed in all the right places to make the biggest impact. Matt loves new ideas, creative problems to solve and helping people reach and contribute their full potential.



James (JC) Chapman

At the end of Term two we farewelled JC from our youth work team at CBHS. Over the past two years JC contributed a lot supporting the media team, House leaders, and digitech activities.



Josh Paul

Josh has been a youth worker at CBHS since 2018. As a keen sports person himself Josh loves to build relationships through sport. At CBHS he has been particularly involved with the Football and Volleyball communities.



If you have a project in mind that you think we might be able to help with or a particular student that you are concerned about please get in touch with us.

meekm@staff.cbhs.school.nz or 0273299051

Sports Coaching

In term one, Josh was once again heavily involved with volleyball, coaching the Senior A team. This involved transport and coaching for the games on Mondays, training on Tuesdays and Thursdays, and a couple of tournaments over the term. The highlight of the season was a very successful Satellite tournament, narrowly losing to a strong St Thomas team in a close fought final. Josh has been working with some of these boys since they were in year 9, and he has really enjoyed the opportunity to deepen relationships with many of them over the years.

Josh has also coached a year 11 football team through term 2 and into term 3. Like the volleyballers, this is his third year working with this particular team, which has allowed him to build some really solid relationships within the team. The range of experience and abilities presents a challenge from a coaching perspective, but from a youth work perspective the opportunity to encourage and develop newer players is very exciting. Saturday sport in particular is also a great chance to connect with parents and family members, which is not quite as easy during the week. It is always awesome to see how supportive CBHS parents are, and their support is instrumental for the team being able to operate.

Digitech

Throughout this year, JC has been actively involved in supporting the after-school Robotics and Esports clubs. The addition of several Year 9 students to the robotics club has created valuable opportunities for the Year 12 students to offer guidance and assistance to their younger peers. JC has played a key role in helping senior students enhance their communication skills and provide support to the juniors. The collaboration between the Year 12 and Year 9 students has greatly benefitted the latter, enabling them to grasp the intricacies of robot construction and programming within the vex ecosystem.

Apart from robotics, the CBHS Esports teams have experienced an influx of Year 9 and 10 students this term. Engaging in Esports not only allows students to improve their gaming skills but also provides opportunities for coaching, peer support, teamwork development, and discussions on digital citizenship and responsible technology usage. It's worth mentioning that JC has pleasantly surprised the students with his Fortnite skills on several occasions.



Y9-10 Group

Josh and JC have been regularly meeting with a small group of students who have been identified by the year 9 and 10 deans and guidance team as needing additional support.

Initially, the content covered in these sessions followed a predetermined plan, but as the term progressed, Josh and JC were able to customize the topics based on the discussions and feedback from the students in the previous week. This personalized approach allowed the sessions to address the specific needs and concerns of the boys, ensuring their engagement and progress.

An encouraging development throughout the term has been the growing willingness of the boys to participate in group discussions and to openly share their thoughts and feelings. This increased openness and engagement indicate that the students have built trust and rapport with Josh, JC, and their peers within the group. Moreover, in recent weeks, some of the boys have taken the initiative to bring their own youth worker-style "Would you rather" questions to the group. This active involvement demonstrates the students' growing confidence and ownership of the group dynamics.

Peer Support

In the week before school started for the year, Josh and JC ran a training day for the monitors to help prepare them for their peer support role. As a team we believe that peer support leaders can have a huge impact on individual students and classes as a whole, so we appreciate the opportunity to provide them with some material to use so they don't go in blind. Over the day we taught the boys a number of games they could use with their classes by having them play it themselves first. We call attention to some of the strategies we use when leading games, and also help them identify any areas of particular games that could cause problems if they aren't ready for them. It is always nice to see our games being played by classes out on the field on the first day, but also to see the monitors bringing their own knowledge and experience to the programs they run.

Youth Worker Stats:

Hours contributed by Youth Workers	326
Meaningful one on one contacts recorded	197
Meaningful interactions in groups	2038



24-7 YouthWork at CBHS is a local partnership between St Barnabas Anglican Church and Christchurch Boys High School supported by generous community funding.

