

St. Bede's College 100th Athletic Sports

Wednesday 13th & Friday 15th February 2019

Competition Rules and Competitors Instructions

Introduction

Every boy who is physically capable and healthy must take part in at least one track and one field event in each of the first five sessions. Attendance is compulsory, it is expected that all students will support all sessions as a competitor and spectator.

Important - Qualification for all track finals will be decided by time.

- It is the competitor's responsibility to ensure that you are at events on time. Track events always take precedence over field events. You may send a substitute on your behalf to check in at a track event while still at a field event.

Grades – At our College Championships we compete as either Y9, Y10, Y11 or Y12/13.

At Nga Puna Wai for the Canterbury Secondary School Championships we compete in the following grades

U/14	- Under 14	- Born on or after the 2/1/2005
Junior	- Under 15	- Born between 2/1/2004 and 1/1/2005
Intermediate	- Under 16	- Born between 2/1/2003 and 1/1/2004
Senior	- Under 19	- Born between 2/1/2000 and 1/1/2003

(ie age as at the 1/1/2019 - grades and birthdate are the same for the South Island Championships)

As St. Bede's College is a **Top Athletic School** in Canterbury, we will be sending three athletes in each grade in each event to Nga Puna Wai. Mr. Gamblin makes every effort to include all club athletes, so make sure he knows you.

Tutor Time - Report to Tutor Time on Wednesday at the usual time of 8.15am and on Friday at the slightly later 8.45am.

Sick or Injured - On the day, students should advise their Tutor if they are not healthy enough to compete. Tutors will have responsibility for deciding if a student is not up to competing. Parental notes should be provided.

Roll Call - Soon after lunch on each day, students must check in with their Tutor, to be marked present.

Postponements (Students) - Info will be put on the website and Facebook page as soon as a decision is made. If in doubt, bring both schoolbooks and athletic gear to school. **DO NOT RING** St. Bede's College. (Staff - an email will be sent to the Staff email address).

Uniform – All students must wear a house polo shirt. Black shorts are to be worn. Please make an effort to dress in the correct House uniform. The St. Bede's track suit should be worn when not competing. Come to school in your athletic gear, unless the weather is very marginal. Again, don't bring your books unless you think that the day may be affected by rain.

Leaving School Early - Nobody leaves until the last event is completed each day, except with a Leave Pass.

Y13 - are **NOT** allowed to leave the property at lunch time on either day. Bring a cut lunch or use the tuck shop.

Out of bounds - No boy is to be anywhere except on the front field during session times. Toilets are behind the Dining Room.

Water Bring your own bottle. A four tap water cart will be on the front field so you can refill your bottle.

Music and Balls - **No** music players, cell phones etc. on the front field during sessions. **No** rugby, cricket etc. games while the sports are in progress. Your gear will be confiscated and returned after the Cleanup Work Squad held at the end each day.

Canterbury & South Islands - The Christchurch Secondary Athletic Sport preliminaries are on at the new Nga Puna Wai track off Lincoln Road on Tuesday, the 19th March and the finals are on the following Saturday the 21st.

South Island Athletic Championships are in Nelson one week later on Saturday 30th and Sunday morning 31st March.

House Competition - There is a house competition, based on the Athletics NZ 5 Star point's scheme, with points going towards a trophy for the school's top house each year. Competitors get at least 1 point for participating in an event, while our top athletes can gain up to a maximum of 12 points per event.

St. Bede's College Athletic Championship Trophies and Certificates

Trophies and/or Certificates are awarded in all four year level grades at the Summer Sports Prize Giving. See past Bedean magazines for details of trophies and records (records will be posted on the days of the sports as well).

Any queries to Mr Gamblin. Good Luck