

Published by Amuri Area School – (03) 315 8233 Email: theperil@amuri.school.nz Friday 8th May 2020 Issue: 2010:16

Advertisements for insertion can be e-mailed to the above address (with a billing address provided) or left at the Amuri Community Library. Closing day and time for both is 4pm on Monday. When there is a Public Holiday on a Monday the deadline will be extended to 4pm the next day (Tuesday). Regular advertising by arrangement.

Emailed classified ads (not businesses/community groups/clubs) will need to be paid **IN ADVANCE** directly into our bank account by close of bank business on a **MONDAY** (**Tuesday when there is a Public Holiday**) for the ad to appear that Friday (20c per word - minimum \$2). If there is no payment received the ad **WILL NOT** appear that week, ie **NO PAYMENT**, **NO AD**.

Payment in advance does not apply to regular advertisers eg businesses/community groups/clubs who are invoiced

Advertising Costs: Classified and Community Ads: 20c per word (minimum of \$2)

Businesses: Full Page \$50, ½ Page \$35, ¼ Page \$25, ¼ Page \$20, 1/16 Page \$15. If you require an ad to be designed this will incur a \$10 fee (businesses only). All GST inclusive.

Payment made at the Library is cash or cheque only (payable to Amuri Area School) - no EFTPOS.

ASB Bank 12-3616-0057391-01

Please quote your name as a reference.

This account is for PERIL PAYMENTS ONLY

#### **COMMUNITY NOTICES**

The Peril will still publish during Level 3 ONLINE ONLY.

#### To advertisers

If you had placed a regular advert with us, they have been removed. As we are not physically printing at this time, if you wish your ad to be included again please email <a href="mailto:theperil@amuri.school.nz">theperil@amuri.school.nz</a> to advise this. There will be NO CHARGE whilst we are not physically printing.

Take care everyone.

**FOOD BANK** - Living Waters Hurunui Outreach would like to offer assistance to anyone who is alone or not able to get to the supermarket or pharmacy in the area, during this time. If you know of anyone who would need assistance in this time or you yourself need assistance, please do not hesitate to make contact with us by any of the following ways:

Cell phone: 027 448 6594 - Aveai

027 448 6583 - Isaiah

Landline: 03 314 2044

Email: living water shurunui outreach@gmail.com

You can also send us a private message through messenger The food bank can also be accessed by using those same contact methods.

Remember to stay aware of your social distances if you have to go out.

We will get through this as a community and as a country.

#### **COMMUNITY NOTICES**



#### **SEEKING HELP SHOWS STRENGTH**

#### Waikari Foodbank:

Call 03 314 2044 or 027 448 6594

#### Amberley Foodbank:

Call 03 314-7464 or email redepenningfam@xtra.co.nz

#### Inspire Your Pantry Food Rescue:

Call 03 314-6950 or 027-210-2917 or email <a href="mailto:inspirechurchamberley@gmail.com">inspirechurchamberley@gmail.com</a>

Hanmer Springs Pop-Up Food Bank, Hanmer Springs Business Association: Call 027 929 7299

Communities can be affected by emergencies in different ways, and may need different types of welfare services.

Please call the Canterbury Welfare Call Centre **0800 24 24 11** 

USE 105 FOR POLICE NON-EMERGENCIES

Amuri Community Website www.amuri.org.nz

#### COMMUNITY NOTICES

#### **KEY CONTACTS AND SOURCES OF INFORMATION**

NZ Government: <u>www.covid19.govt.nz</u>

Healthline 0800 358 5453

Government helpline 0800 779 997 (8am-1am, 7 days)

Need to talk? Call or text 1737 or visit

www.allright.org.nz/campaigns/getting-through-together Essential business enquiries: essential@mbie.govt.nz or

0800 22 66 57

Report self-isolation breaches:

NHCCselfisolation@health.govt.nz

Report breaches of any Alert Level 3 restrictions:

105.police.govt.nz

Be wary of scammers trying to take advantage of the situation by phone and internet/email. If you are in any doubt make contact using a phone number or email address you know.

Don't give out your passwords.

Don't click any links in suspect messages.

Don't allow remote access to your computer.

#### COMMUNITY NOTICES

#### We are here to support you!

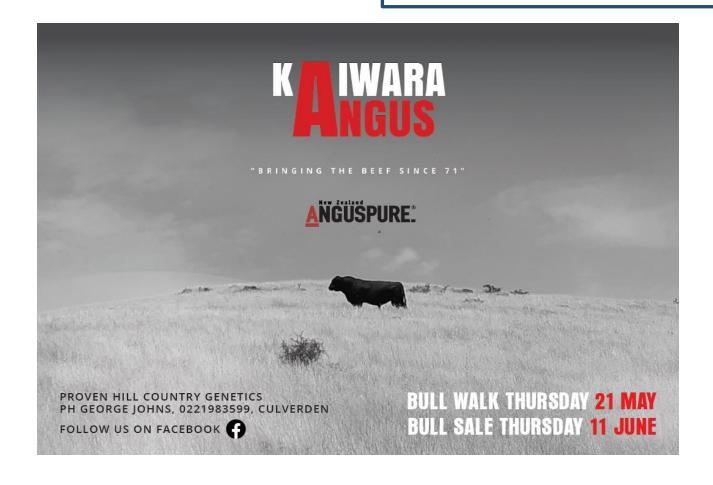
We understand with the fast evolving Covid-19 situation we are being faced with at present, there will be some anxiety, isolation concerns and uncertainty within our community, especially for our vulnerable and elderly members. You are not alone; we are in this together and we are here to support at the end of the phone.

We have set up a community led committee (Community Response Committee) who are happy and willing to, coordinate essential food, wood and any other essential items to ensure your isolation period is as comfortable as possible. We have been fortunate to have the Amuri Community Trust support our committee and banner some funding from the Ministry of Social Development and Te Puni Kokiri. These funds are to support Waiau, Rotherham and Culverden whanau through the impacts of Covid-19. Please reach out to us if you need this support, seeking help shows strength.

We are also available at the end of the phone and if you would like regular contact over this time we are more than happy to give you a call on a regular basis, please register your name and details with Emma Duncan, 027 510 6353 or <a href="mailto:grantemma1206@gmail.com">grantemma1206@gmail.com</a>. Our group consisting of Emma Duncan (Coordinator) Biddy Lott, Cath Ferguson, Debbie Morgan, Alix Bush, Hayley Clark and Courtney McSkimming are committed to supporting our communities through this time and want to help! So please contact Emma and she will ensure you are connected with one of the support group members immediately.

Take care, Kia kaha

Community Response Committee





Ph: 03 315 6328

Fax: 03 315 6592 40 Wilkin Street

Email: reception@amurihc.co.nz www.amurihc.co.nz

#### In an emergency dial 111

**Hours of Business:** 8.30am – 5pm

Appointments available:

9am-12pm & 2pm-4.30pm Monday-Friday

After Hours:

5pm-9am Monday to Friday, (GP on Call)

Public holidays & weekends (GP on Call)

## Phone our practice anytime, day or night for immediate assistance.

The after-hours phone is connected to and answered by a registered nurse, who will assess your needs, offer advice or arrange immediate assistance from the on-call doctor or rural nurse. (The triage nurse may take a few minutes to answer).

#### **Flu Vaccines**

Flu season is upon us and flu vaccines are still available during this Covid -19 period.

Please ring reception to arrange an appointment.

Cost \$25 for registered patients.

Vaccines are free if:

- You are over 65 years.
- You are pregnant.
- You have a chronic health condition.



#### **Meningococcal Vaccines**

Meningococcal vaccines are strongly recommended for all teenagers and young adults flatting or staying in hostel accommodation, whether at Boarding School or Halls of Residence.

Please phone the Health Centre to arrange an appointment or talk to the nurse for more information.

There are 2 vaccines available to cover the most common strains.

Bexero (Meningococcal B) available at a subsidised cost of \$70 and Menactra or (Meningococcal ACWY) which is currently funded.

#### Personnel Availability:

Dr Deidre Clink:

May: 11, 14, 18, 21, 25, 28 June: 4, 8, 11, 15, 18, 22, 25, 29

Dr Graeme Scrivener:

May: 8, 12, 15, 19, 22, 26, 29 June: 2, 5, 9, 12, 16, 19, 23, 26,

30

Dr Gareth Iremonger:

May: 13, 20, 27 June: 3, 10, 17, 24

Dr Vicky Chaplin:

May: 8, 11-22, 25-29

June: 2-5, 8-12, 15-19, 22-26, 29,

30

Nurses: Monday - Friday

**District Nurses Availability:** Monday - Friday each week

Please note the Health Centre will be closed:

Monday 1<sup>st</sup> June 2020 Queens Birthday

Healthworks Pharmacy: 0800 347 7367

Amberley Pharmacy: 0800 924 5274

Physio, Corry Scrivener/ Chris Dixon: 03 315 6328





Wash your hands



Be kind

## **Important Changes**



#### TO CANTERBURY RECYCLING

Only plastic types 1, 2 and 5 can now be recycled.

Mixed plastics 3, 4, 6 and 7 and any soft plastics that can be scrunched into a ball need to go in the rubbish. You can help keep your recycling out of landfill and reduce waste by:

- Keeping soft plastics out of your recycling bag
- Rinsing and keeping recycling clean
- Buying plastic types 1, 2 or 5 or more sustainable packaging
- Putting your food and drink cans in a separate recycling bag
- Having a "no junk mail" sticker on your letterbox
- Separating recycling if you're bringing it to the transfer station i.e. cardboard, cans, plastic, glass



These changes are affecting all of Canterbury and are driven by plastic markets, access to ports and tighter acceptance criteria. You can read about them on the news section of our website.









## **Recycle Your Farm Rubbish**

#### Will pick up for FREE

- -1000L pods In Frames (with
- -200L Plastic or Steel drums

- cannot drain them where i live)
  -Building Materials
  -Big tanks (baileys or similar) can have holes if they are
- -Pivot or out one time use
- transport boxes post and warraths (bent or straight)

Call John 03 315/6002 0212663892

Leave a txt

#### To Purchase

- -Old trailers (de Reg,Bent,
- -Building materials from Renos etc (the extras that dont get used)
- -Pivot steel (from roll overs etc)
- -Generators (Big,Small,Pumps,) Going
- Old spray units (quad or
- bigger) or just parts. (reels,Guns,hoses) -Old fuel tanks 1000L or
- -Old calf feeders ( mainly on

trailers)
-Boat trailers
-Sheds for deconstruction
-Old quads( going or not)
-Steel gates ( bent or not)
- Old horse floats - Cable reels

If you think its worth more than the Tip or scrapman please call



This is not a Business its a hobby! I do this for FREE to try Upcycle or repurpose/Distribute good materials that would otherwise end up in the landfill

# SPEND \$150\* INSTORE AND



gift cards & NZ Post. Voucher

valid for 1 month.



### External Agencies - Who do I talk to?

## Covid19.govt.nz

# Everything you need to know in one place

Communities can be affected by emergencies in different ways, and may need different types of welfare services, including the following (but not limited to):

Please call the Canterbury Welfare Call Centre **0800 24 24 11** 



#### **MONEY CONCERNS**

**Mortgages** - people should get in touch with their banks in the first instance



#### Ministry of Social Development (WINZ)

Visit www.workincome.govt.nz

Living Expenses, benefits and redundancy	0800 559 009
Wage Subsidy	0800 40 80 40

#### **LOCAL BUSINESS CONTINUITY**



#### **Enterprise North Canterbury**

Visit <u>www.northcanterbury.co.nz/covid-19</u>
Call 03 327 3135
or email <u>office@enterprise.co.nz</u>

#### **FOOD SHORTAGES**

#### Waikari Foodbank:

Call 03 314 2044 or 027 448 6594

#### Amberley Foodbank:

Call 03 314-7464 or email <a href="mailto:redepenningfam@xtra.co.nz">redepenningfam@xtra.co.nz</a>

#### Inspire Your Pantry Food Rescue:

Call 03 314-6950 or 027-210-2917 or email inspirechurchamberley@gmail.com

Hanmer Springs Pop-Up Food Bank, Hanmer Springs Business Association: Call 027 929 7299

#### **HEALTH ADVICE AND SELF ISOLATION**

#### Healthline

Call 0800 358 5453

#### Ministry of Health

Visit www.health.govt.nz/coronavirus

#### **COVID-19 QUESTIONS**

**New Zealand Government COVID-19 Team** 

Visit www.covid19.govt.nz

#### **GENERAL WELLBEING OF PEOPLE**



www.wellbeingnc.org.nz Call 03 310 6375

Their mission: We provide quality services that respond effectively to existing and emerging social and community needs.

They can assist with counselling services and connections to other agencies for vulnerable people.

#### **FAMILY VIOLENCE**



Visit www.police.govt.nz

Report non urgent issues via 105 In an emergency always call 111

Family violence www.police.govt.nz/advice-services/family-violence

#### ANXIETY, DISTRESS OR MENTAL WELLBEING

#### National Telehealth Service

Free text or call 1737

#### **PRESBYTERIAN SUPPORT**

Visit <a href="www.ps.org.nz">www.ps.org.nz</a> Call 0800 477 874 Collectively, the Presbyterian Support organisations are one of the largest providers of social and health services in the country. We work with older people, people with disabilities, families at risk, children and young people.

#### **ACCOMMODATION**

Temporary Accommodation Service at the Ministry of Business, Innovation and Employment Call 0508 754 163

#### **INTERNATIONAL VISITORS**

#### **Help with Travel Bookings**

i-SITE - Visit www.i-SITE.org.nz

#### Visa Concerns

Immigration New Zealand Call 0508 558 855

or visit www.immigration.govt.nz/new-zealand-visas

#### **Embassy Details**

Ministry of Foreign Affairs and Trade Visit <u>www.mfat.govt.nz</u>

#### **CHILDREN**

#### Worried a child is unsafe?

Oranga Tamariki
Call 0508 326 459 or email <a href="mailto:contact@ot.govt.nz">contact@ot.govt.nz</a>

#### Talking with Children about COVID-19

Save the Children Support and Information Visit <a href="https://www.savethechildren.org.nz">www.savethechildren.org.nz</a>

#### **Home Schooling Advice**

Ministry of Education
Visit <a href="https://www.education.govt.nz">www.education.govt.nz</a>

#### **Questions about Child & Baby Health**

Plunketline Call 0800 933 922

#### **RURAL SUPPORT**



Visit <u>www.rural-support.org.nz</u> Call 0800 787 254

Rural Support Trust - Supporting rural people through tough times (severe weather, finances, relationships, and work pressures)

#### **ANIMAL WELFARE**

#### **Concerns about Welfare**

Ministry of Primary Industries Call 0800 008 333

#### **Vetrinary Services & COVID-19**

Service: NZ Vetrinary Association Visit <a href="https://www.nzva.org.nz">www.nzva.org.nz</a>

#### **NOT SURE WHO TO TALK TO?**

#### **Government Helpline**

Call 0800 779 997

